

**"INIMĂ PENTRU INIMĂ" FOUNDATION**

**No. 9, General Magheru street, Râmnicu Vâlcea, România, 240311, C.F.9658795,**

**ROMÂNIA, Phone: +40250736307, E-mail: [evs@inimapentruinima.org](mailto:evs@inimapentruinima.org)**



[www.inimapentruinima.org](http://www.inimapentruinima.org)

***Dear future volunteer,***

We are always open to all volunteers from foreign countries and new challenges. We give opportunity for volunteers to work in team and individual without any prejudice or racial discrimination. Our volunteers are working in a team of experienced staff in our residential centres for childrens and youth. We are creating an opportunity for self-fulfillment, gain new experiences and friendships and work in an international team. We support them in



implementing their own projects or work with children and youth in our social programs. They have a chance to know the beautiful nature and historical monuments of our region. They are always leaving with great experience, knowing new country - its culture, habits and traditions, language,

traditional food and lot of other things.

In the following pages you will find information about organization, region and activities for voluntary service. We would be happy to greet in Râmnicu Vâlcea, Romania!

***About us...***

The "Inimă pentru Inimă" Foundation was born on July 23rd 1997, by civil sentence nr. 1432 of the Vâlcea Court. The "Inimă pentru Inimă" Foundation has as statutory objectives: the promotion of children's rights and the supervision of the way they are being applied; the integration of the child in substitute families, including the internal and international adoption; the restructuring of the system of social services for people in need; the improvement of the living conditions of institutionalized children by the collaboration with public authorities.



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The Foundation is the promoter of several innovative projects in Romania: "The network of family houses" established since 1999; the Centre for Socio-professional integration for the young people from placement centers, who reach the age of 18, since 2002.



The typology of the social activities of the Organization:

- Day Care Centers
- Social Centers for children and young people
- Recovery clinic and sensory room
- National and international voluntary service
- Educational Programmes
- Programmes to prevent child abandonment
- Studies and researches in social services

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The "Inimă pentru Inimă" Foundation is accredited as a provider of social services by the Romanian Ministry of Work since 2005 and carries out social services activities in Vâlcea and other districts of România.



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It also creates and carries out programmes and free time activities, sport, outdoor excursions and cultural activities. Moreover it has always had a special attention for the projects related to the sensibilization and information of the families of the civil society in general, through the creation of training programmes and meeting in schools, universities and public places with the aim of increasing the grade of awareness of the parental expertise.



Furthermore the foundation also develops seminaries about drug consumption, prevention of human trafficking, protection of any kind of exploitation, the sexual one too; training courses about the national adoptions and children's rights and it respects the national and

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European standards in the child protection domain, providing personal intervention for each beneficiary and it always supports the superior interest of the children and the relation with the biological family and the whole community.

More about us, you may find on our website and also here:

<https://prezi.com/view/QaTcB6E3jQGDSqPlgASh/>

**Community:** Râmnicu Vâlcea is a capital city of Vâlcea County, Romania in the historical province of Oltenia (population 92573) and it is crossed by the river Olt. It is 178 km away from the capital Bucharest and 100 km away from the city of Sibiu (European cultural capital in 2007) where are the nearest airports. The city is located on the main European road that crosses Romania and connects the East and West of Europe (Pan-European Corridor IV). Transport to the main areas of the country can be easily done on both railway and road routes.



Râmnicu Vâlcea was first attested during the rule of Prince Mircea cel Bătrân as "the

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princely town of Râmnic" (1388), and confirmed as the seat of a Vâlcea County during the same period (1392). The city has several tourist attractions: museums, libraries, zoos, lakes, gardens and parks are well-equipped for leisure. Although it can not be considered a cosmopolitan city, it has been in the city since ancient times, signs of the presence of several nationalities and religions. Besides ancient orthodox churches (Romania is a Orthodox Christian country), we also meet a Greek-Catholic church, a Lutheran church and another Roman Catholic church. Also, other religious denominations are well represented. In recent years, in Ramnicu Valcea you meet people from different countries, especially from the European ones (tourists attracted by the beauties of the area, volunteers or people who have business in the county).



Leisure opportunities are diverse and can be found both in the city (theater, philharmonic, clubs, cinema, restaurants, swimming pools and aqua park, ecc) and nearby (Aqua Park and Spa Călimănești, thermal baths at Olănești Spa, hikes in Cozia or Buila mountains, skiing in Transalpina - Voineasa, visiting medieval monasteries from Oltenia area that are UNESCO heritage, ecc.).



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The healthcare network is well represented by Râmnicu Vâlcea Emergency County Hospital, County Polyclinic, BalneoMedcenter Clinic and a network of very well organized private medical clinics and cabinets with highly qualified staff. Last but not least, we mention the presence of many shopping centers, where you can shop or spend your spare time in a very pleasant way.

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Ocnele Mari is a small tourist town located in the suburbs of Râmnicu Vâlcea, (at a distance of 6 km) with a population of 3000 inhabitants. There are two complexes with salt water pools and a salt mine located 225 meters below the ground.



### **What's EVS...**

**European Voluntary Service (EVS)** is the European Commission's project that allows a young person (17-30 years) to become a volunteer in another country for a specified period, normally between 2-12 months. The service activities can be, for example, in the field of environment, arts and culture, activities with children, young people or the elderly, heritage or sports and leisure activities. Each project has minimum three partners, a volunteer, a sending organisation and a host organisation.

### **Our experience**

Our organisation has already experience with hosting volunteers, because we hosted hundreds of volunteers from Europe since 1999 and other 6 volunteers since 2010, during European Voluntary Service projects.

### **Background of the project (description of the project)**

The "Inimă pentru Inimă" Foundation is standing for the cause of child since 1997, by supporting the vulnerable children and youth with housing, caring, nursing, by providing them educational opportunities and by helping with the integration in a familial structure.



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Project involves 6 volunteers from different countries included France, Spain, Bulgaria, Lithuania, Italy and Greece. It will last 9 months - from 01.02.2018 until 30.09.2018 (the volunteers' activity period).

***The aims of the project:***

- Increasing the tolerance and solidarity among people, in order to develop a more chesive and aware society;
- Providing for children from the community support in their personal development and non-formal education programmes;
- Helping the volunteers with their self-discovering process and their personal development, by involving them in a learning by doing process;
- Encouraging the intercultural learning by promoting the interaction between youngsters having different cultural, ethnic and religious backgrounds.

***Description of activities***

The activities will involve art activities like painting, crafts, music and theatre workshops, but also animation activities and games, sport, outdoors activities and language courses using non-formal education method.

The six volunteers (with our support) will also plan, organize and implement:

- Promotional events for raising awareness in the community about the importance of volunteering in creating a more inclusive and united society;
- Events for youth to inform about the Erasmus+ programme;
- Fundraising events;
- Participating in the weekly "Monday meeting" in order to discuss the events of the previous week and to plan the activities of the following one with the supervisor;
- Give the contribution to the project's blog;
- Create "personal projects".

***Time arrangement of the program:*** 30 hours/week, free week-end, 2 free day/every month of service.

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The volunteers during their stay in our country could be active and we see that European volunteers are interested in Romania, therefore we want help them to realize their dreams: to see different country, to know another culture, to find new friends, to increase their personality and their skills.

After volunteers will finish their stay in our organization, these young people will have in the context of the impact and long-term benefits:

1. The improvement of their cognitive, emotional and social competences through their interaction and involvement in the activities with the children and staff;
2. The development of language skills such as Romanian and also English by interacting and collaborating with an international group;
3. They will hold YOUTH PASS - Certificate of non-formal education;
4. Better skills in managing time, by having to respect deadlines in organizing some events, as well as by having to split efficiently time between the activities and the personal life;
5. Teamwork skills by respecting and collaborating with other people in order to achieve maximal results;
6. Developing entrepreneurial skills and leadership competences;
7. They will know more about Romania, his people, tradition and culture;
8. Personal growth of the six volunteers.

All these benefits are obtained through non-formal education and they prepare young people for life through our activities in our foundation. These benefits can be useful later in their life.

***Working Place***

The project will be carried out mainly in Râmnicu Vâlcea but also in Ocnele Mari. (a small city near Râmnicu Vâlcea). The volunteers will conduct their activities in two residential communities, 2 social apartments and 2 primary schools

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### **Accommodation**

"Inimă pentru Inimă" Foundation will provide an appropriate accommodation in a safe environment. Volunteers will be placed in their own flat preferably near their working place. You will have sharing rooms, kitchen and other facilities in the flat that is equipped with all necessary things for everyday life.

### **About you**

It is not necessary to have any specific skills, any previous experience or any studies in a specific field, as they will get help from the local staff and local volunteers in all the tasks they will organize.

You need to be creative, open-minded and motivated, willing to conduct activities in an international environment and to come in contact with children with less opportunities.

English will be the main language of the project, no specific certificate will be asked of you, but just a general knowledge and understanding, because foreign-language will be improved during the project in the international context we plan to create (the use of Romanian language will be intensified after the volunteer will get more familiar with the language, thanks to the course we will provide).

A preliminary phase of your selection will consist in analyzing your CV and motivational letters received. In the second phase, we will interview the candidates via Skype.

The selection will be conducted by "Inimă pentru Inimă" Foundation (as Coordinating and Hosting Organization) in collaboration with our partners, the Sending Organizations from six European countries.

Our partners are:

- 1. International Center for Development of Education and Training, Sofia, Bulgaria**  
[www.icdetbg.eu](http://www.icdetbg.eu) ; phone: +359878427003; e-mail: [ivan.tinev.it@gmail.com](mailto:ivan.tinev.it@gmail.com)
- 2. Eurocircle rhone alpes, Tassin la Demi Lune, France**  
Phone: +33771689148; e-mail: [eurocircle.rhonealpes@gmail.com](mailto:eurocircle.rhonealpes@gmail.com)
- 3. Hellenic Youth Participation (Kinoniki Sinetairistiki Epicherisielliniki Symmetochi Neon), Athena, Greece**

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[www.inimapentruinima.org](http://www.inimapentruinima.org)

[www.hellenicyouthparticipation.com](http://www.hellenicyouthparticipation.com) ; phone: +302112163657; e-mail:

[hellenicyouthparticipation@yahoo.gr](mailto:hellenicyouthparticipation@yahoo.gr)

**4. Associazione Culturale Link, Altamura, Italy**

[www.linkyouth.org](http://www.linkyouth.org) ; phone: +390803148080; e-mail: [link@linkyouth.org](mailto:link@linkyouth.org)

**5. Asociacija " Aktyvus Jaunimas", Kaunas, Lithuania**

[www.activeyouth.lt](http://www.activeyouth.lt) ; phone: +37064331871, e-mail: [info@activeyouth.lt](mailto:info@activeyouth.lt)

**6. Asociacion Juvenil Intercambia, Malaga, Spain**

[www.europaerestu.eu](http://www.europaerestu.eu) ; phone: +34672028985; e-mail: [info@intercambia.org](mailto:info@intercambia.org)

